

<p>To whom it may concern,</p> <p>I am a Physical Education teacher at St Joseph's Catholic College, East Gosford. I have the pleasure of a professional association with Gary Johnson of Munen Muso Mixed Martial Arts for the past five years. During this time, Gary has coordinated a highly relevant, dynamic and progressive Self Defense program in response to our school's specific needs. These quality programs can also be tailored for practical assessment and grading purposes.</p> <p>
</p> <p>In addition to immaculate facilities and equipment, our students have enjoyed interacting with highly qualified, experienced, and friendly staff at Munen Muso. Self Defense has proven to be an exciting and empowering inclusion in our PDHPE and SPORT program, with students gaining valuable skills for life.</p> <p>I confidently give the staff and facilities at Munen Muso my highest possible recommendation. </p> <p>◆</p> <p>Sincerely,</p> <p>◆</p> <p>Mrs Yvonne Ogle</p> <p>PDHPE Teacher, St Joseph's Catholic College</p> <p>East Gosford, NSW 2250</p>